

# RULES AND REGULATIONS

- 1. Dress Code:** white tennis attire is required for all groups (NO cargo shorts, cutoffs, jeans or khakis) and only smooth soled (clay court) tennis shoes are permitted. (No cross trainers).
- 2. Food/Beverage:** Water, sport drinks, or juice will be allowed courtside (Drink Jugs recommended).
- 3. Lateness:** All classes will begin promptly at the scheduled time. Students must be at their assigned court ready to participate in the clinic.
- 4. Inclement Weather:** Please insure your telephone or a contact number is listed on our registration form. Cancellations will be rescheduled for a later date.
- 5. Etiquette:** Please be aware that there will be members playing on adjacent courts. Juniors must conduct themselves in an orderly manner so as not to disturb others.
- 6. Pick up:** Juniors must wait at the tennis office if their ride is late. If a parent knows they will be late, or if a junior rides with a friend or neighbor, please inform the pro shop staff. (941) 924-6281

**Winston Owen - Director of Tennis**

**Pro Shop:** (941) 924-6281 **Cell:** (941) 376-2190

**E-mail:** [winston@thefieldclub.com](mailto:winston@thefieldclub.com)

## 8 WEEK SESSION (March 20<sup>th</sup>-May 13th) REGISTRATION FORM

Student Name \_\_\_\_\_

Age \_\_\_\_\_ (M) \_\_\_\_\_ (F) \_\_\_\_\_ Level \_\_\_\_\_

Grade \_\_\_\_\_ School \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

Work \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

Parent Name \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

Member Name #: \_\_\_\_\_

Please select appropriate program(s) on reverse side and return the entire registration brochure to: **The Field Club, Attn: Winston Owen**  
**1400 Field Road, Sarasota, FL 34231**



# JUNIOR TENNIS PROGRAM

## REGISTRATION FORM

2023

MARCH 20TH – MAY 13TH  
(8 WEEK SESSION)



1400 FIELD ROAD, SARASOTA, FLORIDA 34231  
PRO SHOP: 941.924.6281

## 8 Week Session March 20th – May 13th

### *Mighty Stars (ages 4-5)*

Class	Level	Time	Price
__ Tues (45 Min)	All	4:15 pm	\$240
__ Thu (45 Min)	All	3:30 pm	\$240
__ Thu (45 Min)	All	4:15 pm	\$240

### *Future Champs (8 & Under)*

Class	Level	Time	Price
__ Mon (1 hr)	Beg/Int	5-6 pm	\$240
__ Tues (1 hr)	Beg/Int	4-5 pm	\$240
__ Thu (1 hr)	Beg/Int	4-5 pm	\$240
__ Sat (1 hr)	Beg/Int	10-11 am	\$240

### *Rising Stars (10 & Under)*

Class	Level	Time	Price
__ Mon (1.5 hr)	Beg/Int	4:30-6 pm	\$340
__ Tues (1 hr)	Beg/Int	5:00-6 pm	\$240
__ Thu (1 hr)	Beg/Int	5:00-6 pm	\$240
__ * Fri (1.hr)	Int/Adv	5:00-6 pm	\$240
<b>*Match Play</b>	<b>(New)</b>		
__ Sat (1 hr)	Beg/Int	10-11 am	\$240

### *Competitors (14 & Under)*

Class	Level	Time	Price
__ Mon (1.5 hr)	Beg/Int	4:30-6 pm	\$340
__ Tues (1 hr)	Beg/Int	5:00-6 pm	\$240
__ Thu (1 hr)	Beg/Int	5:00-6 pm	\$240
__ *Fri (1 hr)	Int/Adv	5:00-6pm	\$240
<b>*Match Play</b>	<b>(NEW)</b>		
__ Sat (1 hr)	Beg/Int	10-11 am	\$240

### *Challengers (High School)*

Class	Level	Time	Price
__ Mon (1.5 hr)	Int+/Adv	3-4:30pm	\$340
__ Thu (1 hr)	Int+/Adv	3-4:00 pm	\$240
__ *Fri (1 hr)	<b>Int+/Adv</b>	4:00-5pm	\$240
<b>*Match Play</b>	<b>NEW)</b>		

## IMPORTANT:

- A) Juniors will be grouped by appropriate level and age within each class.
- B) Student/Pro ratio 5/1
- C) Private lessons and clinics available upon request.
- D) If needed, make up classes for rainy days only will be held at the end of the program.
- E) **Match Play Friday (New) intermediate & Advance Only.**

## The Field Club PROGRAM DESCRIPTIONS

### **MIGHTY STARS**

Each class will emphasize hand-eye coordination, basic stroke technique, and movement skills through a series of fun games and activities.

### **FUTURE CHAMPS**

Students will focus on sound stroke development. Match play will be introduced using the quick start format but with some adaptations based on each classes progress.

### **RISING STARS & COMPETITORS**

Students will continue to develop sound strokes and grips, proper footwork and basic strategy during match play. Video analysis will be introduced, as well as agility and fitness training.

### **CHALLENGERS**

#### **ADV. & HIGH PERFORMANCE**

My philosophy for this program is "Serious Fun". During this program, students will work on fine-tuning all aspects of the game, including footwork patterns, modern stroke fundamentals, efficient strategy and mental efficiency training for match play. We will also use video analysis to assess proper technique as well as fitness and conditioning training to help develop player speed, agility and strength.

### Questions?

Contact Winston Owen, Director of Tennis:  
Work: (941) 924-6281 Cell: (941) 376-2190  
Email: [Winston@thefieldclub.com](mailto:Winston@thefieldclub.com)